

Worksheet 2 Reveal the Truths

Let us take the next step so that you can reveal the truths for yourself. Please read each question below and for each, answer **True or False (T or F)**.

- _____ The part of my childhood home that caused me the most difficulty, I am now **FREE** from that situation.
- _____ I know that someone should have taken away my pain sooner, because of this I have **COMPASSION** for others who face something similar and want to help take their pain away.
- _____ I am **GRATEFUL** that I am no longer in the situation that caused me such difficulty in my childhood home.
- _____ I know that to be **TRUSTING** is to take a risk, but I faced many risks in childhood and came through them all.
- _____ I am a **PASSIONATE** person and when a thought triggers a feeling of anger, most of the time I control myself and act in a way that moves me closer to my full potential.
- _____ When I was young, I was **GUIDED** to realize my purpose at that time – to get through it. Through the part of my childhood that caused me the most difficulty – I achieved my purpose.
- _____ I **ACCOMPLISHED** something at a time in childhood when I should not have been so challenged or put in such a position.
- _____ I am **CONFIDENT** in knowing there is no fear or uncertainty that I can face today that compares to what I faced in childhood...as a child.
- _____ When I recall moments that *I felt* Free, Compassionate, Grateful, Trusting, Passionate, Guided, Accomplished or Confident, those were the moments I felt most **ATTRACTIVE**.
- _____ When I recall moments *I made others feel* Free, Compassionate, Grateful, Trusting, Passionate, Guided, Accomplished, Confident or attractive, those were the moments I felt most **LOVING** & worthy of love.

You may have answered true to more than one, perhaps several, maybe all of the questions. Many have lived with the lies for so long, to them they aren't lies, that's just who they are. This is the greatest injustice. For some, when the lies get exposed and the truths revealed, they have a hard time accepting the truths. "I want this to be true, I want to believe this is who I am deep down, but is it really?"

You have Revealed the Truths, now, prove to yourself that you are the truths.

Download Worksheet 3, Prove the Truths at www.cdv.org to continue.